

## **Anatta (Selflessness):**

### **Articles**

[The Flavors of Anatta: Reflections from a Theravada Perspective By Joseph Goldstein](#)

[Anatta or soul-lessness by Narada Thera](#)

[Anatta & Shunyata: A Mahayana View By Stephen Batchelor](#)

[Poem - Hokusai says](#)

### **Audio Discourses**

[Pamela Weiss - Anatta](#)

[Myoshin Kelley - Anatta: Understanding Not Self](#)

### **Video**

[Ajahn Brahm - Non-Self \(Anatta\)](#)

[The Buddhist Idea of the Self – Bhikkhu Bodhi](#)

### **Dana:**

If you wish to offer Dana to Kristina, please do so by visiting:

<http://www.kristinabare.com/contact-and-booking.html>